

Originally from Germany, she fulfilled her childhood dream and studied acting at the "Ernst-Busch" University of Acting in Berlin. Adele became a well-known actress for theater, TV and film. While working as a successful actress, Adele also tutored inspiring actors.

As a professional performer, she is often asked by friends whether she can attend their performances in order to evaluate their presence on stage or at presentations, get-togethers, etc. What she sees she cannot believe. Professional, intelligent, and successful people who stammer, appear unsure, bored, or fake. Not at all she knows them in person. The result was a bored and unmotivated audience who weren't interested in the message they were trying to deliver, no matter how good it may have been. Therefore Adele uses her acting skills such as use of body language, facial expressions, breathing, and voice to teach others how to bring their message across in an interesting and effective way, the birth of ManageActing®.

Now as a keynote speaker she combines her abilities as an actress and her need to help people to grow. And coming from East Germany she had a lot of genuine stories to tell. Adele witnessed the Berlin Wall being torn down, but what she experienced was not only a wall being broken down physically, but millions of people who were able to tear down their own walls inside of themselves, all the ideas they had about life, work, politics, culture, and society happening on both sides of the wall. They were able to let them go within one night.

On-stage she uses powerful examples that draw upon history as well as presentday situations - especially from Germany and Berlin. As an actress she feels home on stage and with her acting abilities Adele's presentations are inspiratio...

## Adele Landauer

## **Speech Topics**

Peak Performance

Motivation

Life Balance

Inspiration

Celebrity

