



A seasoned professional with more than 20 years experience of speaking nationally with leading companies and organization, **Connie Merritt**, RN, BSN, PHN, is a compelling storyteller and award-winning author with an established reputation of connecting with audiences to help move them to action. Connie's materials are always fresh to insure the messages are timely and relevant in reaching her personal goal to pass on valuable skills and strategies that help audiences breakthrough to next - with measurable results.

A dedicated registered nurse, Connie Merritt understands people and process - and she knows how to unlock her audiences to maximize potential. With her step-by-step tactical teachings, that are well-seasoned with energy and humor, she has a gift providing critical content and connecting with her audiences by spinning unforgettable tales, being relevant and compelling - moving audiences to take action which reap benefits now and into the future.

In her latest book released from McGraw-Hill, *Too Busy For Your Own Good*, Connie has helped millions of people and organizations make vital adjustments to manage change and maintain focus in a world demanding multiple decisions and responses to lists of requests - especially during these opportunistic and changing times.

These are just a couple of her central points in a series of presentations that provide breakthroughs with practical tools to build and strengthen quality characteristics - and skills in:

Stress and Success Management

Leadership

Team Building

Communications

Time Management

Increased Productivity

Balanced Living for Greater Accomplishment

A special series of Essen...

## Connie Merritt

### Speech Topics

- Women's Issues
- Time Management
- Stress Management
- Personal Growth
- Motivation
- Life Balance

