



Amanda Beard used to be known as the 14 year-old girl carrying her teddy bear at the Olympics. But now, a contender for her 5th Olympic games, Amanda has also made her mark out of the water.

When she isn't swimming, her energy is focused on building her personal brand. As a huge advocate for leading a healthy lifestyle and taking care of oneself, she is currently a partial owner of Mission Skincare Products, a line designed for active people. A mother of one, Amanda connects with mothers and fans by actively blogging about her passion for raising her son, sharing ups and downs through the journey of motherhood, recipes and workouts for followers to try.

In April 2012, Amanda released her first book, a NY Times Bestseller "In the Water They Can't See You Cry," an uplifting memoir revealing the truth of the Olympic spotlight, the demons she battled along the way, and the newfound happiness that has proved to be her greatest victory.

Her Journey...Amanda made her first Olympic appearance in 1996, when she won one gold and two silver medals. She went on to win a gold, two silver and a bronze at the following two Olympic Games. She is the winner of eight national titles and a former world-record holder in the 200-meter breaststroke.

To book Amanda Beard call Executive Speakers Bureau at 800-754-9404.

Amanda Beard

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