



Christiane Northrup, MD, is a visionary pioneer and beloved authority in the field of women's health and wellness. A board-certified OB/GYN physician who graduated from Dartmouth Medical School and did her residency at Tufts New England Medical Center, Dr. Northrup was also an assistant clinical professor of OB/GYN at Maine Medical Center for 20 years.

Recognizing the unity of body, mind, and spirit, Dr. Northrup helps empower women to tune in to their innate inner wisdom to transform their health and truly flourish. She is the author of two *New York Times* best-selling books, *Women's Bodies*, *Women's Wisdom* and *The Wisdom of Menopause*. Her third book, *Mother-Daughter Wisdom*, was a 2005 Quill Award nominee and voted Amazon's #1 book of the year in both parenting and mind-body health in 2005. In her books *The Secret Pleasures of Menopause* and *The Secret Pleasures of Menopause Playbook*, Dr. Northrup outlines the crucial importance of pleasure as the missing link for creating joyous and vibrant health on all levels after menopause.

Dr. Northrup has hosted seven highly successfully public television specials. Her most recent special is based on the completely revised and updated version of *Women's Bodies*, *Women's Wisdom*. Her work has been featured on *The Oprah Winfrey Show*, *The Today Show*, *NBC Nightly News*, *The View*, *The Rachael Ray Show*, *Good Morning America*, and *20/20*. Through her Hay House Radio show, "Flourish!", and her exclusive Women's Wisdom Circle, Dr. Northru...

Dr. Christiane Northrup

Speech Topics

- Women's Issues
- Stress Management
- Healthcare
- Health & Wellness

