



In October 2007 Dr. Roizen and Dr. Oz released YOU: Staying Young and it also hit the top of the charts after numerous TV appearances and magazine features.

Dr. Roizen is a Phi Beta Kappa graduate of Williams College and Alpha Omega Alpha graduate of the University of California, San Francisco, and medical school. He performed his residency in internal medicine at Harvard's Beth Israel Hospital and completed a tour of duty in the Public Health Service at the National Institutes of Health in the laboratory of Irv Kopin and Nobel prize winner Julius Axelrod. He is certified by both the American Board of Internal Medicine and the American Board of Anesthesiology. He is 58 calendar years of age, but he lives his RealAge paradigm and therefore has a RealAge of 40.6 years of age.

Dr. Roizen is past chair of a Food and Drug Administration advisory committee; has been an editor or associate editor for six medical journals; has published more than 155 peer-reviewed scientific papers; 100 textbook chapters; 30 editorials; and four medical books (one a 'medical' best seller, translated into 13 languages). He has also been issued 12 US patents and several foreign patents.

After nine years on the faculty at the University of California, San Francisco, he started and was medical director of the Chicago Program for Executive Health. He also chaired the top 10 rated department of Anesthesia and Critical Care at the University of Chicago. He then became Dean of the School of Medicine and Vice-President for Biomedical Sciences at SUNY Upstate University. Currently he is at the Cleveland Clinic as Chairman of the Division of Anesthesiology.

Dr. Roizen is the founder and chair of the Scientific Advisory Board of RealAge, Inc., a San Diego-b...

Michael Roizen

Speech Topics

- ☐ Motivation
- ☐ Healthcare
- ☐ Health & Wellness

