



As CEO of Change 4 Growth, **Beth Thomas** is responsible for the overall success of the consulting business. Beth has 25 years of experience specializing in Transformational Business Change & Readiness, Leadership, Learning & Development, Culture Shaping and Employee Engagement.

Prior to launching Change 4 Growth, Beth founded Sequent Consulting where she built the business for 12 successful years before renaming, purchasing and launching the business Change 4 Growth. She has now joined the ranks of a Women Owned Business.

Prior to Sequent, Beth's experience was a practitioner serving as Senior Vice President at JP Morgan Chase where she led the retail organization's Learning & Change Management department across the country in support of their branch network. In addition, Beth served as the Head of Knowledge & Service Management for all Limited Brands, where she led Organizational Change, Learning & Service Management activities.

In addition to many volunteer groups and boards she is involved with, Beth is a globally recognized thought leader in Organizational Change, Leadership and Employee Engagement. Her work has been recognized all over the world and has been a trusted advisor to many Fortune 500 companies. She is a leading executive coach in helping leaders lead change and foster an engaging culture.

Beth is a frequent global motivational speaker, and her professional work has been recognized with national awards and in several globally circulated magazines, newsletters and blogs. Beth is a contributing author on four books, On Demand Learning (Darin Harley), Implementing eLearning (Jay Cross and Lance Dublin), Learning Rants, Raves and Reflections (Elliott Masie), Lies About Learning (Larry Israeli...

Beth Thomas

Speech Topics

- Women in Business
- Virtual Keynotes
- Peak Performance
- Motivation
- Life Balance
- Leadership



Testimonials

"We make better business decisions when Beth Thomas is involved."

- Senior Vice President, Abercrombie & Fitch.

"When I think of Beth Thomas, three adjectives instantly come to mind....passionate, forward-thinking and motivational. With these qualities, she creates an exciting and fun workplace that produces loyal employees and peers... refreshing to experience in today's working world."

- Limited Brands.