



**Shannon Miller** competed in TWO Olympic Games, earning 7 Olympic medals! (2 gold, 2 silver, 3 bronze) After 25 years, her record as the United States Most Decorated Olympic Gymnast was only recently tied by Simone Biles. She is the only female athlete to be inducted into the US Olympic Hall of Fame - Twice! (Individual (2006) and Team (2008))

Shannon has won an astounding 59 International and 49 National competition medals. Over half of these have been gold. She is the first US gymnast to win 2 World All-Around Titles. Her tally of five medals (2 silver, 3 bronze) at the 1992 Olympics was the most medals won by a US athlete in any sport. At the '96 Games, she led the "Magnificent Seven" to the US Women's first ever Team Gold and for the first time for any American gymnast, she captured Gold on the Balance Beam. After retiring from Olympic competition, Shannon received her undergraduate degrees in marketing and entrepreneurship from the University of Houston and her law degree from Boston College.

Shannon remains a part of the gymnastics and Olympic communities as an analyst and commentator.

In 2010, Shannon launched her company devoted to helping women make their health a priority. She continues to travel the country as a highly sought-after motivational speaker on topics ranging from The Gold Medal Mindset to cancer and survivorship to the importance of health and fitness.

In January of 2011, Shannon was diagnosed with a rare form of ovarian cancer. She had the baseball-sized tumor removed successfully and followed up with an aggressive chemotherapy regimen. Shannon has remained open and public about her diagnosis and treatment and continues to empower women to make their health a priority. Shannon is currently c...

**Shannon Miller**

### Speech Topics

- Women in Business
- Virtual Keynotes
- Sports
- Olympians
- Motivation
- Leadership



## Testimonials

She won seven Olympic Medals. She won multiple U.S. and World Titles in a career that left her the most decorated American gymnast of all time ...and she won our hearts when she came to speak in Fairfield as part of the CT Challenge Speaker Series. As tough as she is tiny, with humor and a heart as big as any world stage, she inspired a crowd of close to 300, including more than 50 cancer survivors, with her take on winning, losing, falling and getting back up to land on top ...as an athlete, as a person and in her own victory over ovarian cancer. She was so patient, compassionate and authentic to everyone who came-cancer survivors (young and old), aspiring gymnasts and the general public. Everyone felt lucky to have heard her speak. Her appeal is broad and timeless.

- CEO, CT Challenge.

Shannon and her team were a delight to work with! Shannon was the Emcee at our Healthiest Companies Awards Luncheon and out did herself. She kept the event moving and did a great job in making the script her own. I'd recommend her to anyone looking for an Emcee. Our team is already looking forward to how and when we can incorporate her again.

- Events Chair, First Coast Worksite Wellness Council.

