



Long-time TV Journalist and Producer **Jennifer Rumble** lost 145 pounds on NBC's *The Biggest Loser* - Season 12 and earned the At Home Winner title. She battled a serious knee injury while on *The Ranch*, but was committed to changing her life as a morbidly obese woman and did not let that injury stop her! Jennifer Rumble weighed her heaviest at 365 pounds on her 39th birthday ... suffering from what she called "reverse anorexia" ... liking who she was on the inside and ignoring the pounds piling on her body her entire adult life. Now 40 and 180 pounds lighter, Jennifer Rumble feels her new, healthy lifestyle and physical body finally match her TRUE self. She's committed to this new, healthy lifestyle by continuing to make smart choices about nutrition and fitness and is dedicated to inspiring others to live the same way to become their healthiest, happiest selves, snag their dreams and live their most amazing life possible.

To Book Jennifer Rumble call Executive Speakers Bureau at 800-754-9404

Jennifer Rumble

Speech Topics

- Personal Growth
- Health & Wellness

