



Since 2002, **Jerry Anderson** has been featured over 55 times on CNN as a trusted Health and Wellness Authority. He has been a Certified Personal Trainer for over 30 years and is the author of *The Joy of Fitness for Women*. He will be releasing a second book later this year.

A former Personal Training Company Owner and Health Club Fitness Manager, Jerry Anderson has put his Health and Wellness strategies to the test by winning 15 bodybuilding competitions and the Mr. Natural Universe title. He has trained over 100 champion athletes with those same strategies and continues to change peoples' lives by sharing his Health and Wellness Strategies with audiences large and small.

Jerry has a passion for speaking and his presentations are interactive and inspiring. His years of experience on radio and television have given him an ease of presence and natural rapport with any audience. Jerry's "straight talk" approach coupled with an amazing sense of humor and up to date research make him a great fit for any conference, training or meeting.

My Mission is to Improve the Health and Wellness of Leaders!

To book health and wellness expert Jerry Anderson call Executive Speakers Bureau at 901-754-9404.

Jerry Anderson

Speech Topics

- Health & Wellness
- Coaching / Mentoring
- Christian Speakers



Testimonials

"No one is more enthusiastic and energetic as Jerry. He has a passion for fitness and good health."

- CNN Executive Producer.

"Jerry we deeply appreciated your presentation at our church. You skillfully integrated Biblical scriptures with sound medical principles which strengthened the Body, Mind and Spirit within the person. The congregation was engaged and excited about the whole experience with you. Truly you are gifted in the areas of religion and medicine to the secular and sacred contexts. We are looking forward to having you back."

- Pastor Dr. Anthony F. Lloyd.