



Don Mann, a *New York Times* Best Selling Author, Navy SEAL Team SIX (ret) member, renowned and a World-Class Adventure Competitor who presents a compelling and extremely motivating presentation that has inspired business leaders and professionals from all walks of life.

Don Mann's unique story and the lessons he shares during his highly accredited and popular presentations come from his colorful and action-packed life as a former member of Navy SEAL Team SIX, an internationally renowned endurance athlete and as a *New York Times* Best-Selling Author. He has changed countless lives by sharing his unique "Reaching Beyond Boundaries" philosophy.

Don's message includes equal doses of inspiration and strategy. As he likes to say, "Anybody with the proper mindset can achieve anything imaginable."

Setting macro goals is an important way for organizations to identify what it is they want to accomplish, although sometimes reaching those goals can be a daunting task. By breaking those macro goals down into micro goals, they become much more manageable and easier to handle."

Mann is the author of 14 books including the *New York Times* Best Selling autobiography *Inside SEAL Team SIX: My Life and Missions with America's Elite Warriors*.

As a Navy SEAL, he worked in countless covert operations around the world and was captured by the enemy and lived to tell the tale.

At the podium he shares a high-octane narrative of physical and mental toughness, giving unprecedented insight into the inner workings of the training and secret missions of the world's most respected and feared combat unit.

Don has over 40 years (1,000+ races) worth of competitive racing experience and was once ra...

Don Mann

Speech Topics

- Virtual Keynotes
- Personal Growth
- Peak Performance
- Leadership
- Attitude



Testimonials

If you want to be truly moved and inspired, listen to Don Mann's life story, and what a journey it is! We had the honor and privilege of hearing him share his journey and he was nothing short of amazing. The life he has lived, and continues to live, is beyond imaginable for an average civilian, or so you'd think as that is exactly how he started out...We had a crowd of 300 people and everyone was completely mesmerized. He helped us realize if we focus a little more on ourselves - we can achieve anything we set our minds to. I hope Don's words of wisdom and encouragement to go for those macro goals inspired everyone in the room as much as they inspired me.

- Kronenberg.

I am not embarrassed to say I had a tear in my eye. It was my great pleasure to attend The Savannah Book Festival on February 15 & 16. There were many great moments at The Festival, but nothing compared to the ten minute standing ovation given to Navy Seal and author Don Mann. His talk was very inspirational, and when he concluded the audience of some 200 people rose to show their respect and appreciation. I am not embarrassed to say I had a tear in my eye.

- President/GM, Smith and Wollensky.

