Kimberley Blaine, Licensed Family Therapist, Mindfulness & Happiness Ambassador, is a licensed marriage and family therapist (LMFT) and is named one of the most powerful moms in social media by Working Mother Magazine. She is an inspirational speaker, author and a nationally recognized mindfulness and positive-psychology thought-leader. Kimberley's writings have appeared in Wall Street Journal and USA Today Best-sellers as a contributor to the soul healing site of SimpleReminders.com which has over 50 millions readers weekly. She was one of Google+'s first family partners, launching their Online community where parents share and communicate about family life. Her spokesperson and brand ambassador work includes: Pet360.com, 3M Post-it Notes, Lego Duplo, Disney Consumer Products, Woolite, Schick Intuition, Sony Electronics Cameras, DreamWorks Animation and DripDrop, Inc.

Kimberley believes we can all live more positively. Today you'll find Kimberley hosting empowerment retreats all over the country. Her retreats focus on balance and wellness not only for parents but for all people striving to find that perfect mix of mindfulness and empowerment. Kimberley states, *"We all need to be reminded to live the journey and stop blocking it. Many who are starting to awaken find that sharing their miraculous story is part of the journey. I am here to give others hope that there are unique paths to healing and authentic bliss. And when you feel full of life and radiant energy, you know it's got to help the community and the world at some level. If I can do it, you can do it."*

For the last 10 years Kimberley has launched a national campaign to help American parents be all that they can be in order to give their children a healthy ...

Kimberley Blaine

Speech Topics

- Personal Growth
- Overcoming Adversity
- Mental Health
- Leadership
- Inspiration
- Humor