



Sheila Heen is a founder of Triad Consulting Group and a lecturer on Law at Harvard Law School.

Heen's corporate clients include MITRE, BAE Systems, HSBC, Tatweer of Dubai, Unilever, the Federal Reserve Bank, Standard Bank of South Africa, Merck, and numerous family businesses. She often works with executive teams, helping them to work through conflict, repair working relationships, and make sound decisions together. In the public sector, she has also provided training for the New England Organ Bank, the Singapore Supreme Court, the Obama White House, and theologians struggling with disagreement over the nature of truth and God. Heen has spent the last 20 years with the Harvard Negotiation Project, developing negotiation theory and practice. She specializes in particularly difficult negotiations—where emotions run high and relationships become strained. Heen is co-author of the New York Times business best sellers *Difficult Conversations: How to Discuss What Matters Most* (Penguin 2000), and *Thanks for the Feedback: The Science and Art of Receiving Feedback Well (Even When It's Off-Base, Unfair, Poorly Delivered and Frankly, You're Not in the Mood)* (Viking/Penguin 2014). One of the side benefits of writing *Difficult Conversations* has been the chance to appear on shows as diverse as Oprah and The G. Gordon Liddy Show, NPR's Diane Rehms Show, FOX News, and CNBC's Power Lunch. Heen is a graduate of Occidental College in Los Angeles, and Harvard Law School. She is schooled in negotiation daily by her three children.

Shelia Heen

Speech Topics

- Teambuilding
- Personal Growth
- Peak Performance
- Overcoming Adversity
- Negotiating
- Motivation

