



Heather Thomson envisions the goals that she wants to achieve and then does whatever it takes to make them happen. Instead of focusing on critics or naysayers, she focuses on believing in herself and using her immense work-ethic, strong self-discipline and determination. Heather says, "When you go through hardships and decide not to give up, that is strength". It is from this experience that Thomson has garnered 25+ years of fashion experience under her belt, including serving as Design Director for the Sean "Diddy" Combs line, Sean John, and Co-Creative Director alongside Beyoncé Knowles and Jennifer Lopez to launch and develop their respective labels. In 2008, Heather founded her innovative and fashion-forward collection, Yummie by Heather Thomson which changed the shapewear and lifestyle game for women.

To many, Heather is an adored reality star that got her claim to fame from her 3 years on the hit Bravo reality series, The Real Housewives of New York City, showcasing her life as a married fashion executive, international business professional, and mother of two.

The Real Heather....

Wears many hats, including inventor, entrepreneur, philanthropist, speaker, athlete, licensed health and wellness coach, and avid adventurer. In each and every role she plays, Heather does not quit and refuses to let past failures stop her from achieving her life goals. Instead, Heather puts one foot forward to teach others the need for failure and to never be afraid of taking the next step - whether at work, home, or in life.

Heather Thomson

Speech Topics

- ☐ Sales
- ☐ Marketing
- ☐ Innovation
- ☐ Health & Wellness
- ☐ Entrepreneur
- ☐ Entertainment



Testimonials

☐ "She is on top of her game and innovation!" ☐

- satisfied customer.

☐ "She knows how to inspire!" ☐

- tv personality.