



Sarah Centrella is the best-selling author of *Hustle Believe Receive An 8-Step Plan to Changing Your Life and Living Your Dream*. She is also the life coach and creator of the #HBRMethod success program. Sarah has helped clients from around the world, change their life and live their dreams. She has worked with professional athletes, including NBA and NFL players, coaches and their families. Her method is praised by CEOs, athletes, artists, musicians, and people from every walk of life, as the simple formula for achieving success.

Sarah shares her personal story of survival, determination and hustle to inspire your team to reach their goals and live the life they dream of. In 2008, she suddenly found herself starting over with nothing, after her husband abandoned her, and their three small children. Unemployed and penniless, she became determined to reinvent her life and create a magical childhood for her children despite seemingly unsurmountable odds.

Turning tragedy into triumph, Sarah became a successful corporate executive, serving as VP or Director of Business Development for over seven years, working in the high-tech industry. Sarah has become a master manifester, giving her children experiences that far exceeded her wildest dreams. Including taking them to Italy, New York City and watching NFL games from the sidelines. She proves that ANYONE can achieve anything, using her 8-step plan for success that she will share with your team.

Sarah has appeared on the *ABC News*, *Steve Harvey Show*, *CBS The Talk*, in the *New York Times*, *OK! Magazine*, *Elite Daily*, *The Orgonian* and many others.

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### Speech Topics

- Parenting / Family
- Overcoming Adversity
- Futurist
- Female Motivational
- Coaching / Mentoring
- Coaching

