

During his time in Congress, **Patrick J. Kennedy** was the lead author of the groundbreaking Mental Health Parity and Addiction Equity Act (Federal Parity Law), which requires insurers to cover treatment for mental health and substance use disorders no more restrictively than treatment for illnesses of the body, such as diabetes and cancer. In 2013, he founded The Kennedy Forum, a nonprofit that unites mental health advocates, business leaders, and government agencies in support of mental health equity and works to advance evidence-based practices, policies, and programming around treatment and recovery.

In 2015, Kennedy co-authored the *New York Times* Bestseller, "A Common Struggle: A Personal Journey Through the Past and Future of Mental Illness and Addiction," which details a bold plan for the future of mental health care in America. In 2017, he was appointed to the President's Commission on Combating Drug Addiction and the Opioid Crisis.

Kennedy is also the co-founder of One Mind, an organization that pushes for greater global investment in brain research; co-chair of Mental Health for US, a nonpartisan initiative designed to elevate mental health and addiction in policy conversations during the 2020 election cycle; and founder of DontDenyMe.org, an educational campaign that empowers consumers and providers to understand parity rights and connects them to essential appeals guidance and resources. He serves as a board member for many influential, cause-driven organizations, including Best Buddies, the Depression and Bipolar Support Alliance (DBSA), the Edward M. Kennedy Institute, the International Bipolar Foundation, the Joseph P. Kennedy Jr. Foundation, and the National Action Alliance for Suicide Prevention.

Patrick Kennedy

Speech Topics

Media/News Journalists
Healthcare



