



**Sarita Maybin** is an award-winning professional speaker whose audiences have fun while learning how to stay positive and deal with tough communication situations. Sarita has trained thousands of people through interactive keynote speeches and seminars. She has spoken in 47 of the 50 states, in nine Canadian provinces, in England, Hong Kong, Singapore, Malaysia and Iceland. Some of her clients include NASA, Hewlett Packard, National Weather Service, PGA and the Las Vegas Convention Center.

Prior to becoming a full-time professional speaker in 1993, Sarita worked in University Administration for thirteen years, including the role of Dean of Students at the University of California, San Diego.

Sarita has a Masters degree in Counseling, is a contributing author of two books and author of a new motivational CD entitled Turning Negativity into Possibilities. She is also a Toastmasters Humorous Speech contest winner and a Past President of the San Diego Chapter of the National Speakers Association.

Topics:

How to Turn Negativity into Possibility. At Work and Beyond  
Total Teamwork

How to Get More Done with Less Stress

Communicating for Success

Adapting, Succeeding and Thriving in the Workplace

## Sarita Maybin

### Speech Topics

- ▮ Teambuilding
- ▮ Peak Performance
- ▮ Motivation
- ▮ Management
- ▮ Communication Skills
- ▮ Attitude



## Testimonials

▮ “Sarita, your high energy presentation to over 2300 counselors was EXCELLENT! We appreciated your stories about real life situations. You actively engaged the audience with humor while making a point and gave us strategies to better ourselves! Sarita, you are a fabulous speaker who makes learning fun.” ▮

- Texas Counseling Association.

▮ “Your lively presentation not only entertained our attendees, but also provided them with some great tactics for dealing with workplace stress and succeeding despite workplace challenges.” ▮

- Department of the Navy.