



Becky Tirabassi's motivational presentations deliver the secrets to successfully achieving a balanced life. Becky's gift of story-telling, her use of dynamic personal illustrations and her wealth of motivational insights will -- without a doubt -- inspire and encourage audiences to change their lives! She turns the pursuit of happiness into... practical patterns, principles, precepts and passions for every American!

Since 1984, Becky Tirabassi has been encouraging hundreds of thousands of people across the United States and Canada, motivating them to change their lives! Through her dynamic seminars, books and videos, she connects with her audience in practical, passionate and personal ways, always giving them challenging principles to change their lives -- physically, mentally, emotionally and spiritually!

At 21, upon admitting that she was an alcoholic, Becky made a major life change through an incredible encounter. Over the next 10 years, her work focused on helping hurting teens -- of which America has no shortage! Through coaching, directing youth programs, producing fitness videos and community involvement, she established her national speaking and writing organization, called Becky Tirabassi change your life, Inc.®

Over the past 14 years, Becky has written numerous best-selling inspirational and motivational books, including Change Your Life, and has maintained an extensive national tour, speaking to every type and size group from 400 and 40,000!

Becky's on-going mission in life is to motivate and inspire people of all ages to change their lives -- physically, mentally, emotionally, and spiritually. Her goal has been to provide practical resources and motivational seminars that encourage journaling, planning and pu...

Becky Tirabassi

Speech Topics

- ☐ Religion / Faith
- ☐ Personal Growth
- ☐ Motivation
- ☐ Inspiration
- ☐ Change

