

DR. THOM MAYER



INTRODUCTION

Dr. Thom Mayer is the Medical Director for the NFL Players Association, Executive Vice President of Leadership for LogixHealth, Founder of BestPractices, Inc., and Clinical Professor of Emergency Medicine at George Washington University and Senior Lecturing Fellow at Duke University.

On September 11, 2001, Dr. Mayer served as the Command Physician at the Pentagon Rescue Operation and has served on 3 Defense Science Board Task Forces, advising the Secretary of Defense. Most recently, in 2022, Dr. Mayer helped lead a mobile team to Ukraine treating almost 350 patients and training over 1,700 Ukrainian medical staffers.

In sports medicine, his work at the forefront of changing concussion diagnosis and management in the NFL has changed the way in which these athletes are diagnosed and treated. Dr. Mayer was the originator of the entire NFL Concussion Guidelines program, and thus has changed the nature of concussion diagnosis and management world-wide.

Please welcome Dr. Thom Mayer.