

**Dr. Lonise Bias** is an internationally known motivational speaker, trainer, certified youth and family life coach and consultant. She's a dynamic and compelling orator; who engages audiences with her motivational and inspirational presentations, workshops and seminars.

As the result of the deaths of her two sons, Len and Jay Bias, Dr. Bias's career was launched as a public speaker. (Len Bias died due to cocaine intoxication two days after being drafted by the Boston Celtics on June 19, 1986 and Jay Bias was murdered in a drive by shooting at a local mall in 1990).

After addressing the topics of drugs and violence for many years, Dr. Bias has turned her focus toward the needs of the entire community. She has become a community activist, addressing topics dealing with the declining social health within schools (e.g., illegal drug and alcohol abuse, bullying, gangs and violence). She brings powerful messages of hope focused on the themes "Turning Lemons to Lemonade", "Hope Is Not Extinct" and "Family Matters," within our communities, homes, schools, workplaces. She is the President of Bias Consulting LLC, the Len and Jay Bias Foundation and Bspeaks. Bspeaks is a speaker series designed to help women, youth, family, schools and those in the workplace to navigate the hardships, stressors and challenges of daily survival. Through her life changing workshops, seminars, keynote addresses and "Power Lunches and Breakfast" meetings, she jump starts employees and staff by giving them insight, hope and direction.

Dr. Lonise Bias is a change agent who believes that hope is not extinct, positive change can happen in our communities when we use practical grass-root methods of prevention and intervention. The community, family, yout...

## **Lonise Bias**

## **Speech Topics**

Youth

Overcoming Adversity

Life Balance

Coaching / Mentoring

